

Adrienne Udarbe

Executive Director, Pinnacle Prevention

Adrienne Udarbe is the Founder and Executive Director of Pinnacle Prevention where she leads innovative efforts to improve food systems and active living environments. With more than a decade of experience in public sector settings, Adrienne is a passionate advocate inspired by good causes, good people, and good food.

Prior to her work with Pinnacle Prevention, Adrienne served in public health at both the state and local levels leading multiple public health nutrition and physical activity programs and initiatives working to cultivate healthy relationships with food and enjoyment in eating from our youngest generation to our oldest. In her free time, Adrienne enjoys cooking with her family and playing with her dogs.

